


## SurfRescueCertificate

1. RunSwim Run (timed) 100m Run / 100m Swim / 100m Run unaided in 5 minutes or less.
2. Resuscitation (CPR) 
  - Theory and a practical demonstration.
  - A patient assessment on a live patient and demonstration of lateral position
  - DRSABCD, CPR 1 and 2 person (adult or child AND infant) on a manikin – to include resuscitation methods using a mask and AED.
3. Signals: Demonstrate the following 4 signals correctly as determined by the authorised person conducting the skills maintenance check:
  - Assistance required
  - Return to shore
  - Proceed further out to sea
  - Pick up patient to the left or right
4. Rescue:

Demonstrate a minimum of one rescue of conscious or unconscious victim, using either a rescue tube or a rescue board, according to SLSA operating procedures in the current Public Safety and Aquatic Rescue Training Manual. The rescue must include the following:


- Negotiating the surf zone
- Securing the patient
- Returning to shore with the patient
- Calling for assistance

### 5. Radio :

Theory and a practical demonstration. A scenario involving equipment (without transmitting) including at least three of the following situations must be conducted for each candidate.

- Pre-operation checks
- Knowledge of local operating channels and uses
- Interpatrol communications
- Sign on/sign off
- Rescue procedures and requests for assistance

## BronzeMedallion

1. RunSwim Run (timed) 200m Run / 200m Swim / 200m Run unaided in 8 minutes or less:
2. Resuscitation (CPR) with oxygen and defibrillator 
  - Theory and a practical demonstration.
  - A patient assessment on a live patient and demonstration of lateral position
  - DRSABCD, CPR 1 person (adult or child AND infant) on a manikin – to include resuscitation methods using a mask
  - Team CPR scenario including DRSABCD, use of resuscitation mask with oxygen supplement and AED
3. Signals: Demonstrate the following 4 signals correctly as determined by the authorised person conducting the skills maintenance check:
  - Assistance required
  - Return to shore
  - Proceed further out to sea
  - Pick up patient to the left or right
4. Rescue

Demonstrate a minimum of one rescue of a conscious or unconscious victim, using either a rescue tube or a rescue board, according to SLSA operating procedures in the current Public Safety and Aquatic Rescue Training Manual. The rescue must include the following:

- Negotiating the surf zone
- Securing the patient
- Returning to shore with the patient
- Calling for assistance

### 5. Radio :

Theory and a practical demonstration. A scenario involving equipment (without transmitting) including at least three of the following situations must be conducted for each candidate.

- Pre-operation checks
- Knowledge of local operating channels and uses
- Interpatrol communications
- Sign on/sign off
- Rescue procedures and requests for assistance.

# Emergency Care Awards

## Advanced Resuscitation Techniques Certificate/Advanced Resuscitation Techniques[AID]

There is a training tool available online for members who want to refresh their knowledge of advanced resuscitation techniques. This is not a requirement of skills maintenance. Members accessing this tool will still have to complete all skills maintenance requirements as listed here:

1. Resuscitation\*
  - Theory and a practical demonstration. Theory is available online.
  - A patient assessment on a live patient and demonstration of lateral position
  - DRSABCD, CPR 1 person (adult or child AND infant) on a manikin – to include resuscitation methods using a mask
  - Team CPR including DRSABCD, use of resuscitation mask with oxygen supplement and AED.
2. Bag-Valve-Mask (BVM) Operation
  - Use of air bag resuscitator on conscious/unconscious patient(s) during resuscitation scenario
3. Oropharyngeal Airways
  - Correct measurement and insertion of an Oropharyngeal Airway (on a manikin where possible)
  - Demonstrate an understanding of when and why an airway is introduced into resuscitation

If a member has already completed a skills maintenance that required Resuscitation to be assessed i.e. Bronze Medallion, they are considered to be proficient in that section of this award. Members still need to be assessed as competent in sections 2-4 to be deemed proficient in ARTC.

## Spinal Management Certificate

- Participate in a spinal management scenario relevant to your location.

Please note: Due to changes in Australian Resuscitation Council guidelines, application of a cervical collar is no longer necessary.

# Powercraft Awards

All members must demonstrate proficiency in the pre-requisite awards associated with these awards as follows:

## IRB Crew Person Certificate

- Proficient Bronze Medallion

## Silver Medallion IRB Driver

- Proficient Bronze Medallion
- Proficient IRB Crew
- Hold a current state/territory boat licence (where applicable)

## IRB Crew Certificate

Skills maintenance in this award may be assessed by an authorised delegate. Logged hours should be included in an assessment of skills maintenance.

1. Questions on safety and the SLSA Powercraft Code of Conduct. Theory is available online.
2. Demonstrate effective and safe crewing practice and ability including:
  - Parallel running
  - Figures eight
  - Response to signals
  - Negotiation of surf as required
  - Demonstrate patient rescue
  - Demonstrate ability to carry out a patient lift, exit, carry and lay.

## Silver Medallion IRB Driver

Skills maintenance in the Silver Medallion IRB Driver award can only be assessed by an IRB Assessor. Logged hours should be included in making assessment decisions.

1. Questions on safety and the SLSA Powercraft Code of Conduct. Theory is available online.
2. Demonstrate the ability to apply safe driving practice including but not limited to:
  - Parallel running
  - Figures eight
  - Response to signals
  - Negotiation of surf as required
  - Demonstrate ability to conduct a patient rescue
  - Demonstrate ability to carry out a patient lift, exit, carry and lay.

